

PHOTOFACIAL POST TREATMENT CARE

1. Cold packs, aloe vera or any other cooling preparation may be used to ease temporary discomfort. A mild degree of inflammation is normal and will help achieve the desired results.
2. Quick warm showers are recommended. Avoid prolonged hot baths for 24-48 hours after treatment.
3. Aerobic exercise, use of saunas and hot tubs – any activity which causes vasodilation - should also be avoided for 72-96 hours after treatment.
4. If the skin is broken or a blister appears, apply Bacitracin ointment and notify us. The area should be kept lubricated to prevent crusting or scabbing of tissue.
5. Prolonged sun exposure is to be avoided for a minimum of 4 weeks before and after treatment. A total sun block, not a sunscreen, should be applied if it is impossible to comply. If further treatment is needed **a commitment to stay out of the sun is necessary**. Sun exposure may cause certain complications such as blistering and/or hyperpigmentation.
6. As long as the skin is not broken, make-up can be applied after sunblock (and will also help protect the skin from sun exposure).
7. If you have any questions or concerns, please contact Dr. Skellchock at 561-488-BOTX (2689)