

## **HOW TO USE TOPICAL ANESTHETICS**

**BLT CREAM is a topical anesthetic composed of Betacaine, Lidocaine and Tetracaine, used to numb the skin before procedures.**

**Apply to clean skin 45--60 minutes before your scheduled appointment, all over the area to be treated. Make sure that you use enough so that coverage is complete – and massage it into your skin well.**

**Apply more about 20-30 minutes before your appointment. Leave the cream on – we will remove it immediately before your treatment.**

**It's also a good idea to wear an old, washable shirt just in case the ointment gets rubbed off on your clothes.**